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# MENU

## MORNING MENU

Available until 11.30am

### SELECTION OF BREAKFAST CEREALS

#### BACON PANINI

Served with tomato or brown sauce

#### TOAST & JAM

Warm buttery toast served with jam or marmalade

#### PANCAKES AND SYRUP

A stack of warm pancakes drizzled in maple syrup

## AFTERNOON MENU

Available from 11:30am onwards

### SOUP OF THE DAY

Served with a white roll and butter

### JACKET POTATO

Served with butter and your choice of filling; cheese, coleslaw or beans and a side salad

#### BACON PANINI

Served with tomato or brown sauce

#### TOMATO AND CHEESE QUICHE

Served with a side salad and creamy coleslaw

## LOUNGE SNACKS

Available throughout the day

### SELECTION OF FRESH FRUIT

#### LLAETH Y LLAN YOGURTS

Selection of sweet and fruity flavours

#### BARA BRITH

Welsh fruit cake served with butter

### FOOD ALLERGIES AND TOLERANCES

Our dishes may contain allergens. Please speak to a team member about ingredients in dishes before ordering.

## HOT AND COLD DRINKS

### POT OF WELSH BREW TEA

Choice of herbal and fruit teas available, ask the team for details

### FRESHLY BREWED WELSH COFFEE

### SELECTION OF FRUIT JUICES

Orange, apple or tomato

### SOFT DRINKS

Pepsi Max, 7up zero, Fanta Zero

## BEERS, WINES AND SPIRITS\*

Produced locally at Glamorgan Brewing Company:

### WELSH LAGER 4.2%

### TERRA NOVA 4.5% Hoppy Pale Ale

### DEAD CANARY IPA 5%

### WELSH CAKE STOUT 4.3%

### APPLES 4.8% Crisp apple cider

### WINES

A glass of house Red, White or Rosé wine

Bottles of Prosecco and Champagne are available to purchase, please ask a member of our team for details

Produced at the Penderyn Distillery in the Brecon Beacons:

### MADEIRA

Single-malt whisky aged in ex-bourbon barrels and finished in ex-Madeira wine casks to bring out its full gold character

### BRECON GIN

Fine quality distilled gin using botanicals from the four corners of the world and bottled at Penderyn Distillery using water from Brecon Beacons National Park

### 'V' FIVE VODKA

FIVE is a premium 43% abv vodka made using water from Brecon Beacons National Park. It is distilled five times for maximum purity

### MERLYN CREAM LIQUEUR

Merlyn is a magical creation of the purest spirit and the finest cream from the land of legends.

\*Please note: access to the Lounge includes three complimentary drinks, please ask a member of the team if you would like to purchase additional items.

One Too Many. Cardiff Airport supports the UK Aviation Industry's Code of Practice regarding disruptive passengers. Therefore, we urge our customers to drink responsibly and ensure they are fit to travel. Failure to adhere to this may result in you being denied boarding; being issued with a fine, imprisonment or an airline ban. For more information visit [onetoomany.co.uk](http://onetoomany.co.uk) or speak to a member of our team.

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# BWYDLEN

## BWYDLEN Y BORE

Ar gael tan 11.30yb

### DEWIS O RAWNFWYD BRECWAST

#### PANINI CIG MOCH

Gyda saws tomato neu frown

#### TOST A JAM

Tost cynnes gyda menynd a jam neu marmalade

#### PANCOS A SUROP

Pentwr o bancos twym gyda surop

## BWYDLEN Y PRYNHAWN

Ar gael o 11:30yb ymlaen

### CAWL Y DYDD

Gyda rhodyn gwyn a menynd

### TATEN DRWY'I CHROEN

Gyda menynd a llenwad o'ch dewis; caws, coleslaw neu ffa a salad bach

#### PANINI CIG MOCH

Gyda saws tomato neu frown

#### QUICHE TOMATO A CHAWS

Gyda salad bach a choleslaw hufennog

## BYRBYRDAU'R LOLFA

Ar gael drwy'r dydd

### DEWIS O FFRWYTHAU FFRES

### IOGWRT LLAETH Y LLAN

### PICE AR Y MAEN TRADDODIADOL

Pice ar y maen arobryn o fecws Tan y Castell yn Sir Benfro

### BARA BRITH

Teisen ffrwythau gyfoethog gyda menynd

### ALLERGAU FWYD

Gall rhai o'n prydau gynnwys allergau. Siaradwch gyda aelod o'r tîm cyn archebu am fwy o wybodaeth.

## DIODYDD TWYM AC OER

### POT OF DE PANED GYMREIG

Dewis o de llysieuol a ffrwythau ar gael, gofynnwch i'r tîm am fanylion

### COFFI CYMREIG NEWYDD EI BARATOI

### DEWIS O SUDD FFRWYTHAU

Oren, afal neu domato

### DIODYDD MEDDAL

Pepsi Max, 7up zero, Fanta Zero

## CWRW, GWINOEDD A GWIRODYDD\*

Cynhyrchwyd yn lleol gan Glamorgan Brewing Company:

### LAGER CYMREIG 4.2%

### TERRA NOVA 4.5% Cwrw Golau Hopys

### DEAD CANARY IPA 5%

### STOWT WELSH CAKE 4.3%

### AFALAU 4.8% Seidr afalau croyw

### GWINOEDD

Gwydraid o win y tŷ, Coch, Gwyn neu Rosliw

Mae poteli o Prosecco a Siampaen ar gael i'w prynu, gofynnwch i aelod o'n tîm am fanylion

Cynhyrchwyd yn Nistyllfa Penderyn ym Mannau Brycheiniog:

### MADEIRA

Wisgi brag sengl wedi'i aeddfedu mewn barilau bwrbon gynt a'i orffen mewn casgenni gwin Madeira gynt i amlygu'n llawn ei anian euraidd

### JIN ABERHONDDU

Jin o safon uchel wedi'i ddistyllu gan ddefnyddio botaneg o bedwar ban byd a'i botelu yn Nistyllfa Penderyn gan ddefnyddio dŵr o Barc Cenedlaethol Bannau Brycheiniog

### FODCA 'V' FIVE

Mae FIVE yn fodca arbennig 43% cryfder yn ôl cyfaint wedi'i wneud gan ddefnyddio dŵr o Barc Cenedlaethol Bannau Brycheiniog. Caiff ei ddistyllu pum gwaith i gael y purdeb eithaf

### GWIROD HUFENNAIDD MERLYN

Mae Merlyn yn greadigaeth hudol o'r gwirod puraf a'r hufen gorau o wlad y chwedlau.

\*Byddwchystal â nodi: mae mynediad i'r Lolfa yn cynnwys tair diod yn y pris, gofynnwch i aelod o'r tîm os hoffech brynu eitemau ychwanegol.

Un Yn Ormod. Mae Maes Awyr Caerdydd yn cefnogi Cod Ymarfer Diwydiant Hedfan y DU ynglŷn â theithwyr anystywallt. Felly rydym yn annog ein cwsmeriaid i yfed yn gyfrifol a sicrhau eu bod yn gymwys i deithio. Canlyniad methu cadw at hyn o bosib fyddai cael eich gwrthod i fynd ar awyren; cael dirwy, carchar neu waharddiad rhag hedfan. Am fwy o wybodaeth ewch i [onetoomany.co.uk](http://onetoomany.co.uk) neu siaradwch ag aelod o'n tîm.